

Vassar College Mindful Eating Support Team Referral Form



Your patient listed below has reported to us a history of an eating disorder.

The Vassar College Mindful Eating Support Team (MEST) coordinates a wellness focused assessment and referral program designed to support students navigating food, weight, and body image concerns. Engaging with MEST allows for care coordination between departments and with off-campus specialists such as dietitians, sports performance specialists, medical, and mental health professionals.

Please complete this form if you feel your patient could benefit from support services relating to food, weight, and body image concerns.

Fax to: 1-800-918-1945 Attn: Vassar College MEST Coordinator

To check the status of a referral or to speak with a clinical team member, call 845-437-5800.

For emergency requests: please contact the Campus Response Center at 845-437-5221 and ask for the on-call medical provider.

Patient's First Name:		Middle Initial:	Last Name:
Preferred First Name:			
Date of Birth:		Patient's Contact Number:	
<u>Reason for Referral (check all that apply):</u> ☐ Vital signs/weight checks ☐ Medical monitoring/labs ☐ Medication management ☐ Counseling services ☐ Psychiatric medication management ☐ Nutrition support ☐ Accommodation support (dining, academic, etc.) ☐ Athletic performance support ☐ Collaboration with recovery treatment team ☐ Other: _____		<u>Concern for their overall well-being:</u> ☐ 0 = no risk to life ☐ 1 = low concern for risk to life ☐ 2 = moderate concern for risk to life ☐ 3 = elevated concern for risk to life ☐ 4 = HIGH concern for risk to life	
<u>ICD 10 Diagnoses:</u>		<u>Comments:</u>	
If we are unable to connect with your patient, would you like to be notified? Yes No		Referring Provider:	Practice Name:
		Telephone Number:	Fax Number: