Q: What are the pre-arrival testing requirements?
A: A COVID test (PCR, antigen or saliva) needs to be taken within the 3 days prior to your arrival on campus. Ex. Move-in day is 8/22; test can be taken 8/19, 8/20 or 8/21. These results need to be uploaded in the Vassar College Patient Portal at vassar.medicatconnect.com.

If you have tested positive within the last 90 days do NOT get any further testing. Please upload your previous positive COVID test in the portal in lieu of a current pre-arrival test.

Q: What if I can’t get a test, or my test hasn’t resulted, prior to arrival on campus?
A: You will have antigen test on the day of your arrival. If you arrive after regular business hours, you will need to be temporarily housed in the Hampton Inn until testing can be arranged through Health Services. You will need to call 845-437-5800 to schedule your antigen test. You also have the option of obtaining a test at local pharmacies. Many pharmacies have rapid antigen tests available to purchase which allows for self-testing.

Q: How do I schedule a Post Arrival COVID test?
A: All students regardless of vaccination status will need to have a PCR test 4-7 days after arrival on-campus. International travelers are encouraged to test earlier within 4-5 days after arrival in the U.S.

Students arriving BEFORE August 15th, will need to call Health Services at 845-437-5800 to schedule a post-arrival test. Our office will be open to schedule these visits starting on Friday the 13th of August at 9am.

Students arriving AFTER August 15th, will be testing through Westchester Medical Center at the Aula. Details on how to schedule these appointments will be made available on the Health Services webpage. Note that if you are ever experiencing COVID symptoms, your testing needs to be performed by Health Services and NOT by Westchester Medical Center.

Note that you will need to upload your POST Arrival COVID test result into the patient portal at vassar.medicatconnect.com in order to be deemed COVID compliant.
Q: How long does it take to get testing back?
A: PCR tests generally result within 24-48 hours but this can vary depending upon the volume of tests being processed. Antigen tests result in 15 minutes.

Q: When should I get tested again after having COVID-19?
A: You should not get tested for 90 days after a positive COVID-19 test unless you are feeling ill and testing would be at the discretion of the clinician.

Q: How often do I need to get tested?
A: Our current requirements are that unvaccinated individuals be tested twice weekly at Health Services using an antigen test starting after the post-arrival test is completed. Fully vaccinated individuals do not require routine surveillance testing. This is subject to change depending upon community and campus metrics. Vaccinated individuals should be tested, even if asymptomatic, 4-5 days after being exposed to COVID-19. All individuals should be tested, regardless of their vaccination status, if they experience any symptoms of COVID-19.

Q: How will I know if I have a positive PCR test?
A: If the test was performed by Westchester Medical Center Staff:

If there is a positive test, Quest labs will notify a representative from Westchester Medical Center. This representative will reach out to you directly and will also notify the Director of Health Services at Vassar College. Subsequently a provider from Health Services will then call you to discuss the result. Results will be available through the WMC portal or the HealtheLife app if the test was taken at the Aula.

If the test was performed at Health Services:

Tests taken at Health Services will not be posted to the WMC portal or the HealtheLife app. If there is a positive test, Quest labs will notify the ordering provider in Health Services via faxed results. Once received, a provider from Health Services will then call you to discuss the result. Results will be available through the Quest Patient Portal https://myquest.questdiagnostics.com/web/home

It is possible that results may be available for your review before Health Services is notified, so if you see a positive result and have not yet been called by a provider, please contact Health Services at 845-437-5800 to discuss how to proceed. Please be aware that if you test positive while in quarantine, your
isolation period of 10 days starts from the date of the positive test or the date of symptom onset.

You will need to upload all Fall 2021 Post Arrival test results (positive or negative) into your Vassar College Patient portal at vassar.medicatconnect.com.

Q: What if I have had Covid-19 and I am a student athlete?
A: All student athletes who have had Covid-19 within the past 6 months will need to obtain clearance from Health Services. This will consist of an initial virtual visit. A second in-person visit will be scheduled if needed. You can also present Health Services with a clearance note from an off-campus provider that explicitly states you are cleared without restrictions to participate in competitive sports. Please note that if you have already received clearance from Health Services last semester, you do not need to repeat this process.

Q: What if I had the COVID vaccine?
A: If you test positive for COVID-19 you will still need to isolate for 10 days. If you are a close contact AND not symptomatic, you will NOT need to quarantine unless there are underlying medical concerns. You should monitor for symptoms after an exposure and SHOULD mask indoors for 14 days after your exposure. COVID vaccines do not cause positive antigen or PCR test results. COVID vaccines can only potentially impact antibody test results.

If you have received your 1st dose of the COVID vaccine we will assist you with obtaining your 2nd dose. Please email health@vassar.edu if you need assistance with obtaining a vaccine.

Q: If I’m not feeling well what do I do?
A: Call Health Services at 845-437-5800 (M-F 9-5; weekends 12-4). If you are having COVID-like symptoms please self-isolate until you speak to a member of the Health Services team. Do not get tested at the Aula if you are ill. If you are having a medical emergency call CRC 845-437-7333 or 911 (if off-campus).

Q: How do I complete the daily health attestation if I am unvaccinated?
A: All unvaccinated students must complete the daily health attestation. This will be completed in the Vassar College Patient Portal (vassar.medicatconnect.com). If you are experiencing COVID symptoms, have a new positive COVID test or have been recently exposed to COVID you will report this in the attestation. Your responses are routed directly to Health Services for review. If you have a response of concern, a member of the clinical team will reach out to you directly to discuss.
You can also call Health Services directly at 845-437-5800 if it is an urgent matter. If you are in isolation or quarantine you will still need to complete the daily health attestation. If you make an incorrect entry, please contact Health Services during normal business hours at 845-437-5800 or email health@vassar.edu to correct.

**Q: What if I am having a medical emergency?**
**A:** If you are on-campus, call CRC at 845-437-7333 and an EMT will be sent to your location and VCEMS and local emergency services will be dispatched. If you are off-campus call 911 directly.

**Q: What do I do if I have a mental health concern?**
**A:** During normal business hours, call Counseling Services at 845-437-5700. After hours call the CRC at 845-437-7333 to speak to the Counselor on Call or to activate an emergency response if necessary.

**Q: What if I think I am a close contact to a positive person?**
**A:** Close contacts are identified by the person who tested positive for COVID-19 during the contact tracing process. All people identified as close contacts by the positive case are subsequently interviewed by a Contact Tracer to verify that they meet the criteria to quarantine. There have been cases where COVID positive individuals have forgotten a close contact, so if you believe you may have been exposed and are not contacted by a contact tracer please call Health Services during normal business hours to discuss your potential exposure risk. Please note that if you are a close contact to COVID-19, but are fully vaccinated and asymptomatic, you will NOT need to quarantine unless there are underlying medical concerns. You **should** monitor for symptoms and **should** mask indoors for 14 days after exposure.

**Q: If I need to leave campus, what do I do?**
**A:** Students who will be leaving campus and who travel out of the area into COVID hotspots will need to discuss the return protocols with case management (epappas@vassar.edu). If you are vaccinated, you may want to consider COVID testing prior to and 3-5 days after returning to campus. If you are unvaccinated, continue with your twice weekly testing. Regardless of vaccination status, monitor closely for symptoms and you may consider wearing a mask indoors for 14 days after returning.

**Q: How do I get prescriptions?**
**A:** Prior to returning to campus, it is best to fill all existing prescriptions. Opt for a 90-day supply when possible. Switching over to mail order pharmacy is a good
option. Two local pharmacies that are delivering to campus are: CVS 722 Dutchess Turnpike Poughkeepsie, NY 12603 845-452-7117 and Rite Aid 238 Hooker Ave. Poughkeepsie, NY 12603 845-486-6166. If you are still having difficulty, contact Case Management (epappas@vassar.edu) for assistance.