

# Global TeleMD™

HEALTHCARE AT YOUR FINGERTIPS

We know your life can be demanding. With so much to juggle, finding the healthcare you need, when you need it, should be easy. In addition to giving you convenient access to a global network of doctors and facilities, we've teamed up with Teladoc Health to bring you Global TeleMD, a smartphone app—at no additional cost—that provides access to international doctors by telephone or video call.

## All at the Touch of a Button

- ✓ Global network of doctors
- ✓ Medical guidance and consultations  
*(for non-emergencies)*
- ✓ Same-day virtual appointments, available 24/7
- ✓ Multiple language options
- ✓ Consultation notes sent directly to your phone
- ✓ Prescriptions and referral letters  
*(subject to local regulation)*

## Just What the Doctor Ordered

With **Global TeleMD**, you can speak to a doctor at a time that fits your schedule without worrying about school, work, holidays or personal commitments. And because your consultation notes are stored securely on the app, they're ready to share with your usual doctor next time you visit.



## Let's Get Started

1. Download the Global TeleMD app to your phone
2. Create a profile  
*(requires your member/certificate number)*
3. Log in
4. You're good to go!



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